



## Sickness Policy

This policy was created for the protection of all students and staff at No Limits Academy. In order to protect the group as a whole, we ask that parents assist us by keeping sick children at home.

Under no circumstances may a parent bring a sick child to school, if the child shows any signs of illness listed below, or is unable to participate in the normal routine and regular school activities.

### **Some reasons why the child should not come to school or will be sent home (not limited to):**

- Fever of 99.9° or higher
- Cold with the thick green/yellow nasal discharge
- Constant runny nose
- Productive cough with green/yellow discharge
- Persistent phlegmy cough
- Croup
- Sore Throat
- Strep Throat
- Swollen glands
- Draining eyes or ears
- Gastroenteritis (Stomach Flu)
- Diarrhea – runny, watery, bloody stools, or 2 or more loose stools within last 4 hours.
- Vomiting
- Ringworm
- Chicken Pox
- Frequent scratching of body or scalp, rash
- Hand Foot Mouth Disease
- Mumps
- Impetigo
- Pink Eye
- Head Lice
- Scabies
- Active MERSA
- Mononucleosis
- Irritability, continuous crying.

Children will be visually screened when they arrive in the morning. In the event a child becomes ill and needs to be picked up, the parent(s) will be called and are expected to come pick the child up within one hour (60 minutes). If the parent(s) cannot be reached, or have not arrived within an hour, the emergency contact person will be called and asked to come pick the child up. If you aren't sure about whether or not to bring your child to care, please call the No Limits Academy Director to discuss it.

Your child can return to the school when he or she is no longer contagious (usually 24 hours after the symptoms are completely gone and/or 24-48 hours after antibiotics have begun working, depending on the illness). Your child cannot come to school with a fever of 99.9° or higher, and the child must be fever free for a minimum of 24 hours before returning to school (fever free without the aid of a fever reducing substance). Allergy related symptoms, and non-communicable illnesses do not require exclusion if you have a note from your doctor.

If you feel that your child is sick with a contagious illness, please verify the student's wellness with a doctor before bringing him/her back to the school. Please also remember to get a doctor's note to show that your child has been cleared to return to school and no longer contagious, as well as to excuse his/her absence. This is for the protection of your child and all other children and staff.